

KCDSB 2022/23 Mental Health Action Plan



Student and Family Engagement

- Recruit additional Student Mental Health Advisors in the Fall 2022.
- Increased reach out to families through targeted parent nights, tips sheets etc.
- Use a client centered approach to care.

Mentally Healthy Schools

- Neurosequential Model in Education targeted training.
- Professional Development for all staff on student mental health and well-being.
- Roll out of School Mental Health Ontario Resources.

Strong Pathways

- Strong Internal Pathways to Support.
- Strong External Pathways to Support.
- Implementation of the Right Time Right Care Document.
- Increase collaboration with community partners.

Prevention and early Intervention

- Continued implementation of Universal Classroom Based Programming.
- Structured Psychotherapy Training to regulated mental health workers.
- PreVenture Early Adopters.
- Use of Our School Climate Survey to address emerging themes.

